

Anti-racism in Social Work portfolio

Position statements

Description	Weblinks	Date
BASW statement on the Windrush review	https://www.basw.co.uk/media/news/2020/mar/basw-statement-windrush-review	23/03/20
BASW initial statement regarding the murder of George Floyd	https://www.basw.co.uk/media/news/2020/jun/basw-statement-george-floyd	01/06/20
BASW full statement regarding the murder of George Floyd	https://www.basw.co.uk/media/news/2020/jun/basw-equality-diversity-inclusion-advisory-group-position-statement	08/06/20
BASW England response to Minister for Equalities report on disparate impact of COVID-19 on Black & Ethnic Minority communities	https://www.basw.co.uk/media/news/2020/oct/basw-englands-response-minister-equalities-report-disparate-impact-covid-19	28/10/20
BASW response to the Commission for Race and Ethnic Disparities Report	https://www.basw.co.uk/media/news/2021/apr/basw-comments-commission-race-and-ethnic-disparities-report-march-2021	09/04/21
BASW comments as jury finds Derek Chauvin guilty of the murder of George Floyd	https://www.basw.co.uk/media/news/2021/apr/basw-comments-jury-finds-derek-chauvin-guilty-murder-george-floyd	21/04/21
BASW England statement on 'Anti-Racism, Anti-Discrimination & Anti-Oppression in Social Work'	https://www.basw.co.uk/media/news/2021/jul/basw-england-statement-%E2%80%98anti-racism-anti-discrimination-anti-oppression-social	27/07/21

Published articles & blogs

Description	Weblinks	Date
Community Care: <i>Black Lives Matter: social work must respond with action – not platitudes</i>	https://www.communitycare.co.uk/2020/06/12/black-lives-matter-social-work-must-respond-action-platitudes/	12/06/20
Working Class Academics: <i>Black Lives Matter Now, Then & Always</i>	https://workingclass-academics.co.uk/black-lives-matter-then-now-always-by-wayne-reid/#more-2478	10/07/20
Now Then magazine: <i>Black Lives Matter Now, Then & Always</i>	https://nowthenmagazine.com/articles/black-lives-matter-then-now-always	16/07/20
Diverse Educators: <i>Black Lives Matter Now, Then & Always</i>	https://www.diverseeducators.co.uk/black-lives-matter-then-now-always/	07/09/20
Community Care: <i>How to promote an anti-racist culture in social work</i>	https://www.communitycare.co.uk/2020/07/17/promote-anti-racist-culture-social-work/	17/07/20
Diverse Educators: <i>How to promote an anti-racist culture in social work</i>	https://www.diverseeducators.co.uk/how-to-promote-an-anti-racist-culture-in-social-work/	29/10/20
Critical Publishing: <i>How to promote an anti-racist culture in social work</i>	https://thecriticalblog.wordpress.com/2020/10/01/how-to-promote-an-anti-racist-culture-in-social-work-by-wayne-reid/	01/10/20
Professional Social Work magazine: <i>When you're accustomed to privilege, equality feels like oppression</i>	https://www.basw.co.uk/resources/psw-magazine/psw-online/%E2%80%98when-you%E2%80%99re-accustomed-privilege-equality-feels-oppression%E2%80%99	06/12/20
Community Care: <i>Anti-racism in social work: no more questions – just actions please</i>	https://www.communitycare.co.uk/2020/12/16/anti-racism-social-work-questions-just-actions-please/	16/12/20
Social Work News magazine: <i>Black History Month has passed - but we must not stop ringing the alarm on racism in social work</i>	https://www.mysocialworknews.com/article/black-history-month-has-passed-but-we-must-not-stop-ringing-the-alarm-on-racism-in-social-work	21/12/20
Social Work News magazine: Author of the Month December 2020	https://www.mysocialworknews.com/article/congratulations-to-our-first-author-of-the-month	31/12/20

	https://twitter.com/myswnews/status/1344688024710426627?s=20	
Working Class Academics: <i>Black History Month has passed – but we must not stop ringing the alarm on racism in social work</i>	https://workingclass-academics.co.uk/black-history-month-has-passed-but-we-must-not-stop-ringing-the-alarm-on-racism-in-social-work-by-wayne-reid/	06/01/21
Critical Publishing: <i>Anti-racism in Social Work 2020 omnibus</i>	https://thecriticalblog.wordpress.com/2021/01/04/anti-racism-in-social-work-2020-omnibus/	04/01/21
MA Consultancy blog: <i>Black History Month has passed - but we must not stop ringing the alarm on racism in social work</i>	Black History Month has passed - but we must not stop ringing the alarm on racism in social work	17/01/21
Interview with Professional Social Work magazine: <i>George Floyd's murder was the catalyst for my focus on anti-racist social work</i>	https://www.basw.co.uk/resources/psw-magazine/psw-online/george-floyds-murder-was-catalyst-my-focus-anti-racist-social-work	09/02/21
Make It Plain: <i>Social work is institutionally racist – here's how we fix it</i>	https://make-it-plain.org/2021/02/12/social-work-is-institutionally-racist-heres-how-we-fix-it/	12/02/21
Diverse Educators: <i>Anti-racism in Social Work: No More Questions – Just Actions Please</i>	https://www.diverseeducators.co.uk/anti-racism-in-social-work-no-more-questions-just-actions-please/	21/02/21
Interview with Now Then Magazine: <i>Outlanders: Hidden Narratives from Social Workers of Colour</i>	https://nowthenmagazine.com/articles/outlanders-hidden-narratives-from-social-workers-of-colour	10/03/21
Diverse Educators: <i>When You're Accustomed to Privilege, Equality Feels Like Oppression</i>	https://www.diverseeducators.co.uk/when-youre-accustomed-to-privilege-equality-feels-like-oppression/	16/03/21
Social Work News magazine: <i>Patiently waiting - Anti-Racism in Social Work</i>	https://www.mysocialworknews.com/article/patiently-waiting-anti-racism-in-social-work	28/03/21
Community Care: <i>How does social work regulation perpetuate institutional racism?</i>	https://www.communitycare.co.uk/2021/04/09/social-work-regulation-perpetuate-institutional-racism/	09/04/21
Critical Publishing - <i>Anti-racism in Social Work 2021: Patiently Waiting</i>	https://thecriticalblog.wordpress.com/2021/04/15/anti-racism-in-social-work-2021-patiently-waiting/	15/04/21

Working Class Academics - <i>Anti-racism in Social Work 2021: Patiently Waiting</i>	https://workingclass-academics.co.uk/anti-racism-in-social-work-2021-patiently-waiting-by-wayne-reid/	17/04/21
Social Work News magazine: <i>How does Social Work regulation perpetuate White Supremacy?</i>	https://www.mysocialworknews.com/article/how-does-social-work-regulation-perpetuate-white-supremacy	21/04/21
BASW online: <i>A conversation with BASW Anti-Racism Lead Wayne Reid</i>	https://www.basw.co.uk/media/news/2021/apr/conversation-basw-anti-racism-lead-wayne-reid	23/04/21
Diverse Educators: <i>How does Social Work regulation perpetuate White Supremacy?</i>	https://www.diverseeducators.co.uk/how-does-social-work-regulation-perpetuate-white-supremacy/	24/05/21
The Voice: Tackling institutional racism in Social Work	https://www.voice-online.co.uk/opinion/comment/2021/06/03/tackling-institutional-racism-in-social-work/	03/06/21
Social Work Today: <i>NQSWs from Black, Asian and minority ethnic backgrounds disproportionately failing ASYE</i>	https://www.socialworktoday.co.uk/News/NQSWs-from-Black%2C-Asian-and-minority-ethnic-backgrounds-disproportionately-failing-ASYE	08/06/21
Pertemps Recruitment – Pertemps Circle – Edition 1: <i>Levelling the Playing Field</i>	https://www.pertempsocialcare.co.uk/resources/pertemps-social-care-resources/pertemps-circle/	July 2021
Social Work News: <i>Wayne Reid shares his Day in the Life of A Social Worker</i>	https://www.mysocialworknews.com/article/wayne-reid-shares-his-day-in-the-life-of-a-social-worker	27/08/21

Campaigns

Description	Weblinks	Date
The campaign to change the racist imagery on the KCMG medal	https://www.basw.co.uk/media/news/2020/jun/basw-writes-royal-family-call-kcmg-medal-which-has-clearly-distressing-racist	26/06/20

Collaborations

Description	Weblinks	Date
Founder of the Black & Ethnic Minority Professionals Symposium (BPS)	See here	01/08/20
The Black & Ethnic Minority Symposium (BPS) & Perrett Laver employment skills 'SMASHING the glass ceiling' event	https://www.basw.co.uk/events/black-ethnic-minority-professionals-symposium-bps-smashing-glass-ceiling-employment-skills https://www.basw.co.uk/media/news/2020/dec/watch-black-ethnic-minority-professionals-symposium-bps-smashing-glass-ceiling https://www.youtube.com/watch?v=ZTJJuxsZ500	2/12/20
OUTLANDERS anthology	https://twitter.com/wayne_reid79/status/1274014299569246208?s=20 https://siobhanmaclean.com/publications/outlanders https://www.amazon.co.uk/OUTLANDERS-Narratives-Workers-Majority-Communities/dp/1912130564 https://www.basw.co.uk/media/news/2021/feb/outlanders-hidden-narratives-social-workers-colour https://twitter.com/SiobhanMaclean/status/1377591169165705221?s=20 https://twitter.com/wayne_reid79/status/1377644985236008966?s=20	
OUTLANDERS virtual launch event	https://www.youtube.com/watch?v=Ji9fy0avm74	16/03/21

	https://twitter.com/wayne_reid79/status/1371991772499415048?s=20	
School of Shabs – OUTLANDERS special	https://www.youtube.com/watch?v=1q5EoXgs7vo	29/03/21
The Black & Ethnic Minority Symposium (BPS) 'Enter the BPS' event	https://twitter.com/wayne_reid79/status/1440708217827311621?s=20	22/09/21

Poetry

Description	Weblinks	Date
<i>The revolution (A nod to Gil Scott-Heron)</i>	https://twitter.com/wayne_reid79/status/1275830803256217602/photo/1	24/06/20
<i>The Lion's Everyday Flex</i>	https://twitter.com/wayne_reid79/status/1338759518885457920?s=20	15/12/20
A live reading of the 'The Lion's Everyday Flex' (from OUTLANDERS) at the BASW Music, Dance & Poetry event on 16/03/21:	https://twitter.com/wayne_reid79/status/1372657317737594881?s=20	Mar 2021
<i>Dodging Devils</i>	https://twitter.com/wayne_reid79/status/1394798724199686152?s=20	18/05/21

Webinars

Description	Weblinks	Date	Duration
Interview Dr Jermaine Ravalier (Bath Spa University) & Diana Katoto (Social work student) on 'Ordinary Black People Doing Extraordinary Things'	https://www.youtube.com/watch?v=XgkKJ9o0uMs&feature=youtu.be https://www.bathspa.ac.uk/news-and-events/events/bhm-wayne-reid/	23/10/20	50 mins
'Anti-racism in Social Work' presentation webinar for Social Work Student Connect	https://www.youtube.com/watch?v=tkgHLHxP-HY&feature=youtu.be	16/07/20	1 hr

Developing Together South West Teaching Partnership: Anti-racism in Social Work full presentation.	https://www.youtube.com/watch?v=DapsfbpnMG0&feature=youtu.be	30/09/20	2 hrs 51 mins
The Anti-racism virtual global summit (hosted in the USA)	https://twitter.com/wayne_reid79/status/1306327852795731969?s=20	Sept 2020	
Brief interview with Anthony Dhadwal (BASW Senior Press officer)	https://www.youtube.com/watch?v=45dl0rDY9fw	30/09/20	26 mins
Chaired a webinar on <i>The Mental Health Act, Race and Ethnicity: what are the key issues for AMHPs now?</i>	https://www.basw.co.uk/mental-health-act-race-and-ethnicity-what-are-key-issues-amhps-now-webinar	Dec 2020	2 hrs
Panel member at the 'Tackling Racism Across the Leadership Pipeline' Sheffield conference:	https://www.youtube.com/watch?v=MvdHUFt04ro&feature=youtu.be	29/10/20	3 hrs 15 mins
#IAMNEWHAM Conference alongside David Olusoga (Historian & Broadcaster)	https://twitter.com/wayne_reid79/status/1334565216479285253?s=20	03/12/20	
Webinar presentation at ExChange Wales & CASCADE webinar event	https://www.youtube.com/watch?v=UHOZkadKXKU&feature=youtu.be	18/12/20	1 hr
Panel member at the Guardian's Social Lives 2020 event	https://www.youtube.com/watch?v=ogTCmRfz3Kk https://www.theguardian.com/society/2020/jul/28/online-event-whats-it-like-to-be-a-social-worker-in-2020	09/09/20	1 hr 15 mins
Liverpool Hope University our 'Race and Anti-Racist Practice' Integration Day presentation	https://www.youtube.com/watch?v=CfBjFyDeMBA&feature=youtu.be	05/02/21	1 hr 10 mins
Skills for Care - How to become an anti-racist organisation presentation	https://www.skillsforcare.org.uk/Leadership-management/developing-leaders-and-managers/Supporting-the-diverse-workforce-within-adult-social-care.aspx#WebinarSeries	Feb 2021	1 hr 26 mins

Tavistock & Portman webinar presentation: Dismantling institutional racism in social work 20 years after Macpherson:	https://www.youtube.com/watch?v=swUVNK_QayE https://twitter.com/wayne_reid79/status/1367876155148210180?s=20	05/03/21	1 hr 40 mins
Social Work Action: Anti-racist Social Work pledge event	https://www.youtube.com/watch?v=vAMhqdkpBNQ	09/03/21	1 hr 10 mins
Launch event for the Network of Black British Social Workers	https://twitter.com/wayne_reid79/status/1383403428991299594?s=20	17/04/21	
'Anti-racism in Social Work' - a presentation delivered by Wayne Reid at a Lewisham LA and Goldsmiths Uni of London event	https://www.youtube.com/watch?v=k8ovraQwmXg	26/05/21	1 hr 21 mins
'Anti-racism in Social Work' - a presentation delivered by Wayne Reid at National IRO Managers Partnership (NIROMP)	https://vimeo.com/565342578 https://smad6740.files.wordpress.com/2021/06/basw-anti-racism-in-social-work-full-presentation-2021-niromp.pdf	27/05/21	2 hrs
University of Derby 'Anti-racism in Social Work' presentation	https://www.youtube.com/watch?v=Vjyv5uoRCyY	16/06/21	1 hr 50 mins
'Ambition Navigation' (my pathway into Social Work) Working Class Academics conference 2021 promotional activities	https://vimeo.com/565346035 https://twitter.com/wayne_reid79/status/1415199559463149568?s=21 https://twitter.com/wayne_reid79/status/1415316238348263437?s=21	22/06/21 14/07/21	2 mins
BASW & Think Ahead 'Anti-racism in Social Work': <i>Collaborating effectively & challenging robustly</i>	https://youtu.be/pqb8MFV3Fto	29/06/21	2 hrs

BASW & What Works Centre 'Anti-racism in Social Work': <i>Collaborating effectively & challenging robustly</i>	https://www.youtube.com/watch?v=h5iu7PRDehU	30/06/21	51 mins
North East London Social Work Teaching Partnership: <i>Anti-Racist Social Work Practice</i>	https://www.youtube.com/watch?v=UctA9i76FQQ	05/07/21	2 hrs 17 mins
London Borough of Barking & Dagenham 'Anti-racism in Social Work' presentation	https://www.youtube.com/watch?v=BXQ4pyPmQ_k	13/07/21	2 hrs 40 mins
Introduction to Paulette Forbes' presentation on <i>Black Lives Matter in Fostering & Adoption</i>	https://www.youtube.com/watch?v=1kHf_eH_pqA	13/07/21	1 hr 30 mins
Interview with Dez Holmes (Research in Practice): <i>Promoting Anti-racism In Social Work</i>	https://www.researchinpractice.org.uk/all/content-pages/videos/promoting-anti-racism-in-social-work/	22/07/21	34 mins
'Anti-racism in Social Work' presentation delivered by Pam Shodeinde for <i>Black History Month</i>	https://www.basw.co.uk/media/news/2021/oct/anti-racism-social-work-basw-england-presentation-and-discussion	19/10/21	1 hr 15 mins

Podcasts

Description	Weblinks	Date	Duration
The Social World podcast interview with David Niven on Black Lives Matter	See here	Oct 2020	40 mins
How Does the Social Work? podcast interview with Yohai Hakak and students from Brunel University	https://open.spotify.com/episode/7th84sEq7D3DTNHBgTF1vU?si=p2Uw_x9bSm20DZXJnLgBmw&dl_branch=1 https://anchor.fm/yohai-hakak	10/10/20	1 hr

The Social Matters Podcast discussing 'Anti-racism in Social Work' and the OUTLANDERS book	https://twitter.com/MattersPodcast/status/1365984467815460865?s=20 https://podcasts.apple.com/gb/podcast/episode-11-s3-anti-racism-in-social-work-feat-wayne-reid/id1436421996?i=1000511046781	Feb 2021	50 mins
Upfront About Social Work podcast	https://www.buzzsprout.com/262456/8060794	08/03/21	36 mins
Frontline Stories of change podcast Anti-racism in Social Work <i>"If anti-racism doesn't exist for social workers, can it exist for service users?" with Wayne Reid</i>	https://thefrontline.org.uk/stories-of-change/ https://thefrontline.org.uk/media-resources/if-anti-racism-doesnt-exist-for-social-workers-can-it-exist-for-service-users-with-wayne-reid/	29/04/21	40 mins
Brunch & Bantu podcast – Anti-racism in Social Work, OUTLANDERS & allyship	https://open.spotify.com/episode/0l9kx52VlBuBpQl7ChYg5l?si=DbQuYl8zT2uPivv0VmAWYg&dl_branch=1&nd=1	30/05/21	52 mins
'Anti-racism in Social Work' interview with Philippa Michael (Empower My Voice)	https://www.youtube.com/playlist?list=PLmrlcFqe8KDi49BcstUvVX4Ed5tnLnVnv	20/05/21	45 mins
Belfast Health & Social Care Trust podcast panel discussion on 'Anti-racist in Social Work practice'	https://soundcloud.com/bhsctemnetwork/anti-racism-in-social-work-practice	01/06/21	40 mins
Interview with Dez Holmes (Research in Practice): <i>Racism, intersectionality, privilege, power, fragility and allyship</i>	https://www.researchinpractice.org.uk/all/content-pages/podcasts/racism-intersectionality-privilege-power-fragility-and-allyship/	22/07/21	44 mins
Social Worker Matters podcast interview with Dr Sylvia Smith	https://open.spotify.com/episode/2ljlXPz9rVxCbIFc0uxqaB?si=Qxl8mBRWSCBFU25C8igKg&dl_branch=1	11/08/21	48 mins
Doin' The Work podcast (USA) - <i>Anti-Racist Social Work in England</i> - Wayne Reid	https://dointhework.podbean.com/e/anti-racist-social-work-in-england-wayne-reid/	06/09/21	51 mins

Talk Show

Description	Weblinks	Date
The Triple A Chinwag (Authentic Anti-racist Allyship) - 1 st advert	https://twitter.com/wayne_reid79/status/1431345328465367044?s=20	27/08/21
The Triple A Chinwag (Authentic Anti-racist Allyship) - 2 nd advert	https://twitter.com/wayne_reid79/status/1434869878154989580?s=20	06/09/21
The Triple A Chinwag (Authentic Anti-racist Allyship) - Trailer	https://www.youtube.com/watch?v=4_123G3BwIY	08/09/21
The Triple A Chinwag (Authentic Anti-racist Allyship) - Episode 1	https://www.youtube.com/watch?v=6Gfpcm2b5-8	10/09/21
The Triple A Chinwag (Authentic Anti-racist Allyship) - Episode 2	https://www.youtube.com/watch?v=ifMH9vJTXcQ	17/09/21

Miscellaneous

Description	Weblinks	Date
BASW webpages containing resources to support Black & Ethnic Minority social workers	https://www.basw.co.uk/black-asian-and-minority-ethnic-resources	
Coverage on the BASW in the media webpage	https://www.basw.co.uk/media-centre/basw-media	
BASW COVID 19 Staff Risk Assessment Flow chart (to assist managers and staff with staff risk assessments)	https://www.basw.co.uk/resources/covid-19-staff-risk-assessment-flow-chart	05/06/20

Announcement of my role as BASW Anti-racism Visionary on Twitter	https://twitter.com/wayne_reid79/status/1355192614388170755?s=20	29/01/21
Working Class Academics online weblink to my 'Anti-racism in Social Work' portfolio	https://workingclass-academics.co.uk/anti-racism-in-social-work-portfolio-by-wayne-reid/	
The 3 typical responses to anti-racism from social work organisations infographic	https://www.socialworkengland.org.uk/social-work-week/poster-showcase/3-typical-responses-to-anti-racism-from-social-work-organisations	Mar 2021
Anti-racism 'edutainment' collection	https://www.linkedin.com/posts/activity-6777585799752933376-2nNt	
New staff join BASW as organisation steps up commitment to anti-racism and wider equality, diversity and inclusion action	https://www.basw.co.uk/media/news/2021/mar/new-staff-join-basw-organisation-steps-commitment-anti-racism-and-wider-equality	31/03/21
Wayne Reid, BASW Anti-Racism Lead invites social workers to share examples of anti-racism activism	https://www.basw.co.uk/media/news/2021/apr/mapping-anti-racism-activism-across-social-work-get-involved	09/04/21
Nomination for the National Diversity Awards: <i>Positive Role Model</i>	https://twitter.com/wayne_reid79/status/1386688985909665794?s=20	26/04/21
Recognition from Social Work England for my nomination for the National Diversity Awards	https://twitter.com/SocialWorkEng/status/1387052996048130050?s=20	27/04/21
Femi Oluwole supports the 'Anti-racism in Social Work' movement!	https://twitter.com/wayne_reid79/status/1389164682355871752?s=20 https://twitter.com/wayne_reid79/status/1390631916190289924?s=20 https://twitter.com/wayne_reid79/status/1409934736039067653?s=11	May 2021 June 2021
Lee Jasper supports the 'Anti-racism in Social Work' movement!	https://twitter.com/wayne_reid79/status/1392510202382061570?s=20	May 2021
Report launched on 'Anti-racism in Social Work' activities across the UK (2020 – 2021) for the George Floyd anniversary	https://www.basw.co.uk/media/news/2021/may/report-launched-%E2%80%99anti-racism-social-work%E2%80%99-activities-across-uk	May 2021

Wayne Reid's appointment to the Department of Health & Social Care's WRES Advisory Board and first official meeting.	https://twitter.com/wayne_reid79/status/1400122851387232261?s=20	June 2021
Nomination for the Britain's Multicultural Business & Community Champion) Awards: <i>Social Activist of the Year</i>	https://twitter.com/mbccawards/status/1410901065160028164?s=20	July 2021
BASW <i>Equality Diversity & Inclusion Online Hub</i>	https://www.basw.co.uk/what-we-do/equality-diversity-and-inclusion-edi-social-work	August 2021
#DiverseEd's Top 10 Blogs of 2020-21	https://www.diverseeducators.co.uk/diverseeds-top-10-blogs-of-2020-21/	August 2021
Clive Lewis MP supports the 'Anti-racism in Social Work' movement!	https://twitter.com/wayne_reid79/status/1433427791073009669?s=20	02/09/21
Wayne Reid interview with Femi Oluwole	Part 1: https://twitter.com/Femi_Sorry/status/1434882586455707650?s=20 Part 2: https://twitter.com/Femi_Sorry/status/1434884081393754112?s=20	06/09/21
<i>Black Lives Rising</i> book review by Wayne Reid	https://www.voice-online.co.uk/opinion/2021/09/15/black-lives-rising-review/ https://www.basw.co.uk/resources/psw-magazine/psw-online/powerful-stories-about-lived-reality-black-people-must-be-heard	15/09/21 05/10/21
Presentations at the Local Government Association (LGA) conference	https://twitter.com/LGAWorkforce/status/1442402126773121029?s=20	12/10/21
Presentation at the International Federation of Social Workers (IFSW) conference	https://twitter.com/wayne_reid79/status/1448060335504728067	13/10/21
Nomination for Social Worker of the Year Awards (<i>Social Justice Advocate</i>)	https://twitter.com/wayne_reid79/status/1447893704014970882	11/10/21
Local Government Association (LGA) online weblink to my 'Anti-racism in Social Work' portfolio & presentation slides	https://www.local.gov.uk/sites/default/files/documents/Anti-racism%20in%20Social%20Work%20portfolio%20for%20Wayne%20Reid.pdf Online 'Anti-racism in Social Work' presentation slides	05/10/21

Presentation at the Royal College of Occupational Therapists (RCOT)	https://twitter.com/theRCOT/status/1450741099874734083	Oct 2021
	https://twitter.com/theRCOT/status/1452652461605412875?s=20	