

COACHING AND MENTORING 2024

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COACHING AND MENTORING 2024



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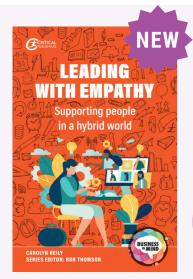
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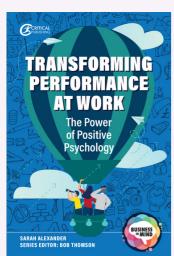


Leading with Empathy

By Carolyn Reily, Edited by Bob Thomson

This book helps leaders and managers understand the impact of hybrid working on the well-being of staff and offers practical ideas to reduce work-related stress and create an effective, flexible and motivated workforce.

£18.99 176pp Published: 03/01/2024 ISBN: 9781915080592



<u>Transforming Performance at Work: The Power of Positive Psychology</u>

By Sarah Alexander Edited by Bob Thomson

A practical look at how positive psychology can transform performance at work, creating an invaluable resource for anyone looking to both grow in their professional career and improve their well-being. It is also appropriate for employees or for managers and leaders looking to increase performance in their teams and departments.

£16.99 140pp Published: 10/05/2023 ISBN: 9781914171833

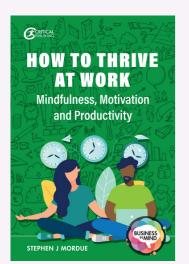
Agile Resilience: The psychology of developing resilience in the workplace

By Tom Dillon, Edited by Bob Thomson

An essential read for anyone working today, this book focuses on agile resilience, exploring how resilience can be learned, chosen, developed and adapted to help you cope with the range of circumstances and experiences you may face at work, whether that's at home, in an office or any other workspace.

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How to Thrive at Work: Mindfulness, Motivation and Productivity

By Sarah Alexander Edited by Bob Thomson

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£18.99 178pp Published: 15/01/2021 ISBN: 9781913453695

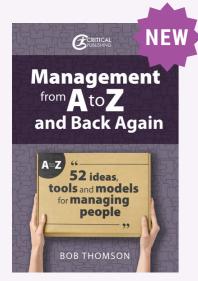
Bob Thomson



Bob Thomson is a Professor at Warwick Business School, an experienced and accredited coach and supervisor of coaching, and a workplace mediator.

He collaborated with the University of Warwick Wellbeing Services team to deliver a series of webinars to help line managers support their staff during the Covid-19 pandemic. He has worked as a volunteer counsellor and as a Samaritan. He is the author of a number of books on coaching and learning from experience.





Management from A to Z and back again

By Bob Thomson

If you want to develop your ability to manage yourself and the people who work for you, this engaging guide is just what you need. Consisting of 52 short, accessible chapters from A to Z and back again, it combines discussion of key ideas, practical management tools and theoretical models followed by exercises for critical reflection.

£2499 192pp Published: 15/04/2024 ISBN: 9781915713513

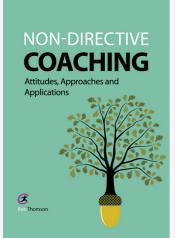
Coaching from A to Z and back again

Bv Bob Thomson

An engaging, clear and intelligent guide for anyone who wants to engage in effective coaching conversations. Written in 52 short accessible chapters, it can be read from beginning to end, or dipped into as appropriate, covering issues such as ethics, coaching as a line manager, boundaries and qualifications/accreditation.

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Non-directive Coaching: Attitudes, Approaches and Applications By Bob Thomson

Helps coaches develop their practice by assimilating ideas from a range of approaches, and applying their nondirective coaching skills in a number of other fields. Perfect for practitioners and those on coaching courses.

£21.99 192pp Published: 05/04/2013 ISBN: 9781909330573

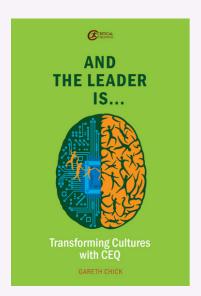


Gareth Chick

Gareth Chick is Founder and Managing Partner of Collaborative Equity LLP, 'promoting corporate cultures and sustainable business models of shared ownership, shared responsibility and shared rewards.'

Gareth has an outstanding track record as CFO, CEO and Chairman in both public and private companies, including private equity. He is a highly sought after consultant working in major corporations around the world - clients include Google, Heathrow, Twitter, Dixons Carphone, Linkedin, Soundcloud, Travis Perkins, B&Q and Vodafone. Gareth is also a high profile Executive Coach (200+ senior executives in Europe and the US, including FTSE100 and Fortune 500) and the designer of leadership training programmes (5000+ managers across 25 countries).





And the Leader is.....Transforming Cultures with CEQ By Gareth Chick

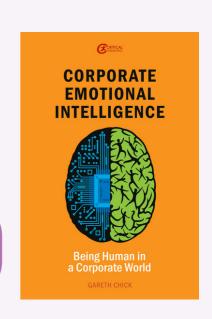
The definitive guide to how to lead effectively with heightened Corporate Emotional Intelligence (CEQ). Drawing on his 40 year experience in every aspect of the Corporate World, Gareth Chick covers the fundamentals of emotional intelligence coaching to create high performance teams.

£26.99 304pp Published: 29/05/2019 ISBN: 9781912508365

Corporate Emotional Intelligence: Being Human in a Corporate WorldBy Gareth Chick

An original analysis of how human behaviour is conditioned within corporate cultures, and how managers come to adopt unconscious controlling habits that are counter-productive, inhibit growth, and create cultures of fear.

£24.99 276pp Published: 09/10/2018 ISBN: 9781912508044



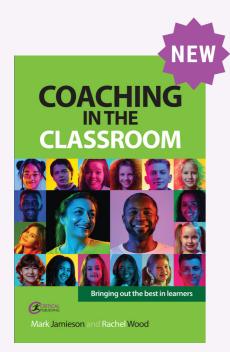
Mark Jamieson



Mark Jamieson is an award-winning coach specialising in leadership. After 25 years leading professional service firms, he set up his own executive coaching consultancy, The Jamieson Partnership, focusing on working with women in leadership.

His consultancy work with national youth and homeless charity Centrepoint inspired him to practically connect coaching and leadership to wider youth development ideas. This led him away from mainstream coaching into a period of research and pro bono pilots focused on bringing high-level leadership coaching to unserved youth communities. Mark is an expert in evaluation and has published works about the impact of leadership coaching.





Coaching in the Classroom: Bringing out the best in learners

By Mark Jamieson

Provides evidence and promotes understanding of coaching (young people) in schools as a new high-impact dimension of learning; engaging with students and teachers to enrich the learning/teaching experience, disrupt attitudes and reimagine the future of education.

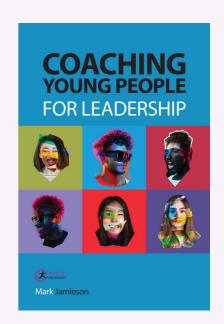
£24.99 224pp Published: 22/04/2024 ISBN: 9781915713698

Coaching Young People for Leadership

By Mark Jamieson

A professional guidebook on how to develop young people's leadership potential and ambitions by using an innovative three-stage coaching model that is simple, effective and measurable.

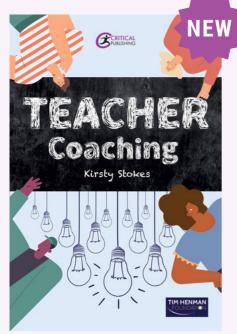
£19.99 258pp Published: 17/04/2023 ISBN: 9781915080479





Coaching in Schools





TEACHER Coaching

By Kirsty Stokes

The only book you need to understand the who, what, why and how of coaching in schools, with relevance for all teachers whatever their age phase or setting. It discusses a new TEACHER coaching model to develop a coaching culture that improves both teaching and learning, resulting in increased staff happiness and ultimately better support and outcomes for pupils.

£18.99 160pp Published: 05/02/2024 ISBN: 9781915713780

New School Leader: Simple lessons to navigate doubt, embrace challenge and lead well every day

By Neil Renton

Written for all school leaders and headteachers who are feeling daunted by their new role or need a little inspiration and encouragement in an existing role. This is an uplifting and honest story about how school leaders develop and hone their practice over time to navigate doubt, overcome challenge, and lead well every day.

£19.99 222pp Published: 25/08/2023 ISBN: 9781915713421

