# **Chapter 16 Resources for health professionals and parents**

A Guide to Neonatal Care - Handbook for Health Professionals
Petty J, Whiting L and Roberts S (2024) Critical Publishing

# A Guide to Neonatal Care Hundook for hyanti professionals and the professionals are also an additional professionals and the professionals are also an additional professionals and the professionals are also an additional professionals and the professional professional professionals are also an additional professional profe

### **Stories**

- 'Stories from the Neonatal Unit'- parent focused digital stories
   <a href="https://neonatalstories.com/">https://neonatalstories.com/</a>
   Click on the parent stories tab.
- Patient Voice' neonatal page- Parent Digital stories <u>https://www.patientvoices.org.uk/naoneo.htm</u>
- NICU Foundation 'A Stay in a Neonatal Unit' https://youtu.be/ARYFMnXhmLw?si=B7Y43zNLHHhFuh\_v
- Appreciation of the neonatal unit through the eyes / stories of student nurses <a href="http://www.health.herts.ac.uk/elearning/petty/neonate/nav/">http://www.health.herts.ac.uk/elearning/petty/neonate/nav/</a>
- o Spoons charity stories <a href="https://spoons.org.uk/stories/">https://spoons.org.uk/stories/</a>
- o The Smallest Things stories <a href="https://www.thesmallestthings.org/our-stories">https://www.thesmallestthings.org/our-stories</a>
- o BLISS stories <a href="https://www.bliss.org.uk/parents/support/your-stories/p5">https://www.bliss.org.uk/parents/support/your-stories/p5</a>
- TOMMYs baby loss stories <a href="https://www.tommys.org/baby-loss-support/stories/neonatal-death?page=1">https://www.tommys.org/baby-loss-support/stories/neonatal-death?page=1</a>

## **Useful websites [for health professionals]**

- European Foundation for the Care of Newborn Infants Key topics <u>https://www.efcni.org/health-topics/</u>
- European Foundation for the Care of Newborn Infants Standards of Care <u>https://newborn-health-standards.org/standards/</u>
- Petty, J and Kaiser L (2020) Neonatal Intensive Care Nursing Book Student web-based companion site -A variety of neonatal care topics for anyone working in the field
  - https://routledgetextbooks.com/textbooks/9781138556843/
- Institute for Health Visiting (iHV) -Transition to parenthood <u>https://ihv.org.uk/for-health-visitors/resources-for-members/resource/ihv-tips-for-parents/transition-to-parenthood-and-the-early-weeks/pt-accessing-health-visiting-support-for-you-and-your-family/</u>
- iHV- Managing Minor illness.
   <a href="https://ihv.org.uk/for-health-visitors/resources-for-members/resource/ihv-tips-for-parents/managing-minor-illness-and-reducing-accidents/oral-thrush/">https://ihv.org.uk/for-health-visitors/resources-for-members/resource/ihv-tips-for-parents/managing-minor-illness-and-reducing-accidents/oral-thrush/</a>

- Lullaby Trust UK 'Baby Check' Is your baby really ill? <u>baby-check-</u> 2015.pdf (lullabytrust.org.uk)
- UK guidance immunisations; Leaflets and guidance on immunisations for parents of premature babies.
   <a href="https://www.gov.uk/government/publications/a-quick-guide-to-childhood-immunisation-for-the-parents-of-premature-babies">https://www.gov.uk/government/publications/a-quick-guide-to-childhood-immunisation-for-the-parents-of-premature-babies</a>
- Jaundice awareness -Guidance for parents and professionals on managing and monitoring jaundice. <a href="https://childliverdisease.org/yellow-alert/">https://childliverdisease.org/yellow-alert/</a>
- BLISS (UK Baby Charity)- This charity offers vital support to parents of premature babies-emotional guidance, resources, information to help parents navigate their sometimes-challenging journey. <a href="https://www.bliss.org.uk/parents/support">https://www.bliss.org.uk/parents/support</a>
- TOMMYS charity UK-Developmental milestones according to 'corrected age <a href="https://www.tommys.org/pregnancy-information/premature-birth/taking-your-baby-home/growth-and-development-after-prematurity">https://www.tommys.org/pregnancy-information/premature-birth/taking-your-baby-home/growth-and-development-after-prematurity</a>

# **Useful websites [for parents]**

- Leo's <a href="https://leosneonatal.org/">https://leosneonatal.org/</a>
- Spoons charity <a href="https://spoons.org.uk/">https://spoons.org.uk/</a>
- o The Smallest Things <a href="https://www.thesmallestthings.org/">https://www.thesmallestthings.org/</a>
- BLISS https://www.bliss.org.uk/
- o TOMMYs <a href="https://www.tommys.org/">https://www.tommys.org/</a>
- o SANDS <a href="https://www.sands.org.uk/">https://www.sands.org.uk/</a>